## my truth

This is an opportunity for you to become crystal clear about what you believe. What is your own personal truth?

Answer intuitively and honestly (this is just for you).

I'll give you some inspirational questions, but you can also ignore them and just write down what comes to mind.

You can print out the second page as many times as you like to jot down whatever comes to mind in as much detail as you like.

- How do you see the world?
- What do you think about life and death?
- Do souls exist and is incarnation real?
- Why do (good/bad) things happen?
- Is there any form of existence after death?
- What's the purpose of science?
- How does healing happen?
- Why are you here?

• What is the deeper meaning of your pregnancy?				
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